

Older People and Depression: Key Knowledge and Skills for Effective Biopsychosocial Intervention

Acquired brain damage is a potentially severe condition at any age, and especially so for older people. It is therefore vital that professionals know the best interventions.

3 days of training, covering respectively: neuroanatomy, dementia, and strokes. You can attend any one, two, or all three days.

There are three days and you can have any one of them, any two of them, or all three. The days are:

Day One: An overview of the relevant neuroanatomy, the functions of the different parts of the brain and the effects resulting from damage to them.

Day Two: Dementia. The different types of dementia, the common effects and biopsychosocial interventions to help the patient and those around him or her.

Day Three: Strokes. The two major types of stroke, the range of effects that can be caused, and biopsychosocial interventions to help the patient and those around him or her.

Executive Summary:

Many people believe that strokes and, more particularly, dementia are disorders that are difficult to respond to effectively, but this is far from being true. Rehabilitation after strokes can be remarkably effective, there are some major constructive and helpful interventions possible for the sufferers of dementia and their loved ones, and there are other disorders which, while causing dementia-like symptoms, are entirely treatable.

This course examines the structure and function of the brain, the different types of dementia and strokes, and the disorders that may be confused with dementia, then moves on from there to describe the most effective interventions that professionals can make, either directly with the person concerned, or with those around them. The major teaching methods are: lecture, case examples, small group exercises and large group discussions.

Who should attend?

People who attend this course normally fall into one of two categories:

1. Professionals who spend the majority of their time working with older people, dementia, or strokes.
2. Professionals who, while older people, dementia, or strokes may not be their primary speciality, nevertheless need to get 'up to speed' on the subject.

The professional affiliations of people suitable to attend this course include: mental health/psychiatric nurses, social workers, occupational therapists, clinical psychologists, psychiatrists, and others.

What this course will do for you (3-days):

1. You will know about the major functions of the brain, especially: perception (including recognition disorders e.g. the inability to recognise faces); memory (including short and long term memory and also 'prospective' memory - remembering to do things); language impairment, and movement disorders.
2. You will know about the major functions of each of the lobes of the brain, and the most common symptoms that occur when each is damaged.
3. You will know about dementia, including Alzheimer's disease, vascular dementia, lewy body dementia and fronto-temporal dementia.
4. You will know about the most common dementia-like symptoms not caused by dementia and how they may be treated.
5. You will know about the major management strategies for dementia, especially: an overview of drugs available for Alzheimer's disease, suitable and constructive activities for people with dementia, sexual difficulties and issues, and some skills for coping with 'unusual behaviour'.
6. You will know about the importance of helping carers and relatives in looking after people with dementia, and some strategies for achieving this.
7. You will know about the two crucially different causes of – and therefore types of - strokes, and the range of deficits that may occur as a result.
8. You will know something about the rehabilitation of people who have had a stroke, including why 'practicing' remembering tends to be remarkably ineffective whilst using some memory aids can produce very good results.
9. You will have the chance to consider some case examples of dementia and strokes.

To discuss or place an order call **0116 241 8331** or email office@apt.ac

Over 100,000 professionals have benefitted from attending APT courses; APT tutors are a resource of academic and clinical expertise probably unequalled in the UK.

APT, The Dower House, Thurnby, Leicestershire, LE7 9PH | Tel: 0116 241 8331 | Email: office@apt.ac | Web: www.apt.ac